



# Understanding domestic abuse: findings from On Track

## **On Track, everything services need to support survivors and evidence the outcomes that survivors value**

On Track is the Women's Aid case management and outcomes monitoring programme which launched nationally in April 2016. It enables domestic abuse services to drive up the quality of their provision, strengthen the support provided to women and their children and evidence the value and impact of their service. All during the course of their everyday work.

On Track was developed in consultation with survivors, members, academics and commissioners. The programme includes case management forms and validated outcomes tools, along with Oasis for On Track, a cloud based database. The database and tools are flexible and able to work for all domestic abuse services including refuge, advocacy, community based support and helpline services.

## **National data and benchmarking**

Services own their data and are able to report on a wide range of criteria in minutes. Using On Track, services also contribute anonymised information to the Women's Aid national data-set on the experiences and outcomes of survivors and their children. This will:

- Give the sector an evidence base for what works when supporting survivors to improve that support and make the most of scarce resources.
- Provide a national picture of domestic abuse service provision and survivors' needs and experiences to inform national policy making.
- Provide benchmarking, regionally and nationally, to show how local services compare to the average.
- Benefits from our decades of experience in data collection and analysis.

On Track is just one of the wide range of national data sources held by Women's Aid adding to our detailed knowledge of services and providers and benefiting from our decades of experience in collecting and analysing data.

This snapshot is taken from On Track's national dataset and covers women supported by 25 services using On Track between 1st April 2016 and 31st March 2017.

For more information about the On Track programme please visit our website:

**[www.womensaid.org.uk/what-we-do/ontrack](http://www.womensaid.org.uk/what-we-do/ontrack)**

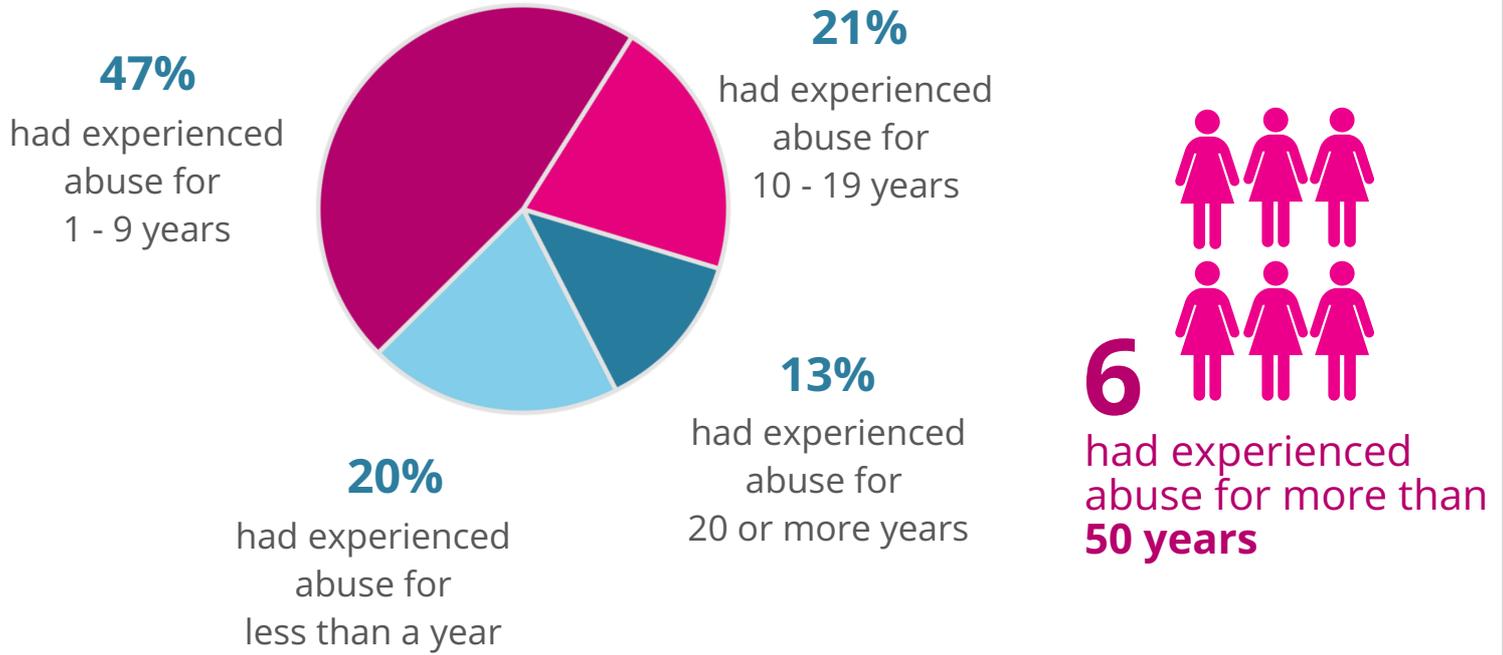


On Track: The Women's Aid  
Outcome Measurement System

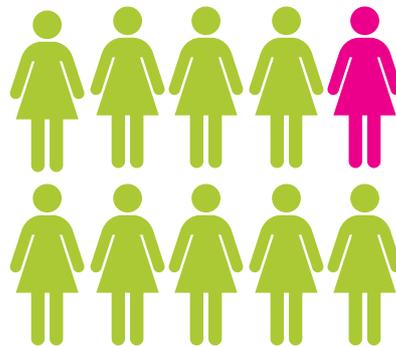
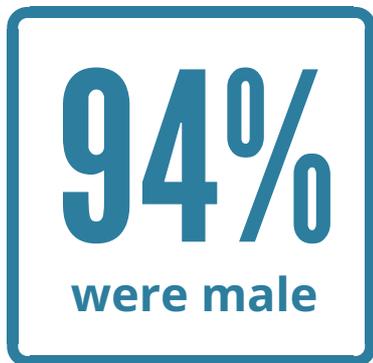
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## Women's experiences of abuse

Out of **1,217** survivors:

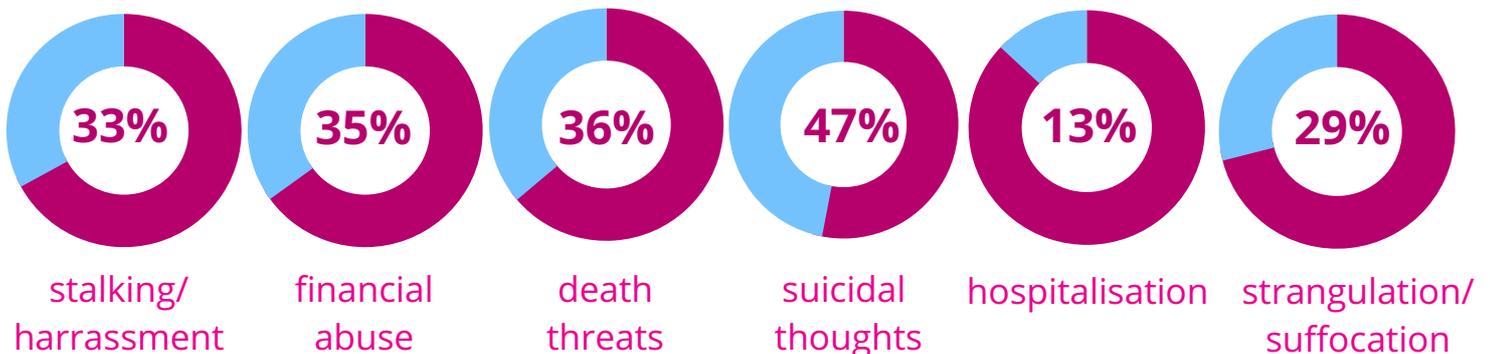


**9,396** perpetrators were recorded for **8,587** women:



**1 in 10** women had more than one perpetrator

**5,809** survivors told us that they had experienced:



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## Survivor support needs

Of **10,451** survivors supported across all services:



had mental health support needs



had 2 or more vulnerabilities



had physical health support needs



were pregnant



On Track users delivered over **100,000 hours of support**



Survivors received, on average **13 hours of support**

Of **1,428** survivors in a refuge

Of **2,715** survivors in an IDVA service

**33%**

needed support with immigration status



**19%** needed support to re-establish relationships with family & friends



**23%** needed support with child contact



**25%** needed support with debt



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## Outcomes

**888** survivors reported  
**1,064** incidents  
to the police\*



What happened to the perpetrators?

**30%**

restraining order granted

**24%**

community sentence/  
compulsory perpetrator  
programme

**9%**

custodial sentence

*\*Of 7,436 survivors leaving  
a service in 2016-17*

Based on **1,929** women leaving domestic abuse services

### Survivors said:



**91%**

were better  
able to recognise  
abusive behaviour



**90%**

felt more confident  
asking for help when  
they need it

To find out more about the **On Track** programme  
Visit: [www.womensaid.org.uk/what-we-do/ontrack](http://www.womensaid.org.uk/what-we-do/ontrack)  
or email us: [ontrack@womensaid.org.uk](mailto:ontrack@womensaid.org.uk)



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