On Track, everything services need to support survivors and evidence the outcomes that survivors value

On Track is the Women's Aid case management and outcomes monitoring programme which launched nationally in April 2016. It enables domestic abuse services to drive up the quality of their provision, strengthen the support provided to women and their children and evidence the value and impact of their service. All during the course of their everyday work.

On Track was developed in consultation with survivors, members, academics and commissioners. The programme includes case management forms and validated outcomes tools, along with Oasis for On Track, a cloud based database. The database and tools are flexible and able to work for all domestic abuse services including refuge, advocacy, community based support and helpline services.

National data and benchmarking

Services own their data and are able to report on a wide range of criteria in minutes. Using On Track, services also contribute anonymised information to the Women's Aid national data-set on the experiences and outcomes of survivors and their children. This will:

• Give the sector an evidence base for what works when supporting survivors to improve that support and make the most of scarce resources.
• Provide a national picture of domestic abuse service provision and survivors’ needs and experiences to inform national policy making.
• Provide benchmarking, regionally and nationally, to show how local services compare to the average.
• Benefits from our decades of experience in data collection and analysis.

On Track is just one of the wide range of national data sources held by Women's Aid adding to our detailed knowledge of services and providers and benefiting from our decades of experience in collecting and analysing data.

This snapshot is taken from On Track's national dataset and covers women supported by 25 services using On Track between 1st April 2016 and 31st March 2017. For more information about the On Track programme please visit our website:

www.womensaid.org.uk/what-we-do/ontrack
Understanding domestic abuse: findings from On Track

Women's experiences of abuse

Out of 1,217 survivors:

- 47% had experienced abuse for 1 - 9 years
- 21% had experienced abuse for 10 - 19 years
- 13% had experienced abuse for 20 or more years
- 6 had experienced abuse for more than 50 years

9,396 perpetrators were recorded for 8,587 women:

- 94% were male
- 1 in 10 women had more than one perpetrator

5,809 survivors told us that they had experienced:

- 33% stalking/harrassment
- 35% financial abuse
- 36% death threats
- 47% suicidal thoughts
- 13% hospitalisation
- 29% strangulation/suffocation

On Track: The Women’s Aid Outcome Measurement System
Understanding domestic abuse: findings from On Track

**Survivor support needs**

Of 10,451 survivors supported across all services:

- 35% had mental health support needs
- 12% had physical health support needs
- 16% had 2 or more vulnerabilities
- 8% were pregnant

On Track users delivered over 100,000 hours of support
Survivors received, on average 13 hours of support

Of 1,428 survivors in a refuge

- 33% needed support with immigration status

Of 2,715 survivors in an IDVA service

- 19% needed support to re-establish relationships with family & friends
- 23% needed support with child contact
- 25% needed support with debt

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Outcomes

888 survivors reported 1,064 incidents to the police*

What happened to the perpetrators?

30% restraining order granted
24% community sentence/compulsory perpetrator programme
9% custodial sentence

*Of 7,436 survivors leaving a service in 2016-17

Based on 1,929 women leaving domestic abuse services

Survivors said:

91% were better able to recognise abusive behaviour
90% felt more confident asking for help when they need it

To find out more about the On Track programme Visit: www.womensaid.org.uk/what-we-do/ontrack or email us: ontrack@womensaid.org.uk

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